**FREE VIRTUAL TRAINING COURSE DYNAMIC**

Before starting your course, please take the time to check the general timetable and tools available, to make your virtual training a very fulfilling and enriching experience.

* **Each FREE course** will have a sequential mode, this means that 2 units/topics will be opened every week until the final chapter of the training, in order to give you time to download and consult all the documents and materials that have been designed for you by the developers of the course.
* **At the end of each unit** an exercise/questionnaire/practical case is suggested as final activity. You may want to consider these items, before you continue with the next topics, as they will help you better understand the contents of each chapter.
* **The calendar** for this first edition FREE Virtual Training is the following:
	+ Chapters 1 and 2: July 1st
	+ Chapters 3 and 4: July 7th
	+ Chapters 5 and 6: July 14th
	+ Chapters 7 and 8: July 21st
* **Once you have completed all the items** and final assessment of the course, you shall then download the satisfaction survey and send it to the FREE Project no later than August 31st, date in which the virtual training period will be finalised and all Platform aLF permits will be cancelled.
* **Once you have sent the satisfaction survey**, for us to know the level of contentment that you have accomplished with this course, FREE Project will issue your final diploma/certificate of accomplishment, which will be sent to you by the Partner Institution in which you signed up for this virtual training.